

# Up to Us

## V4 for Active Communities

### Thinkaton



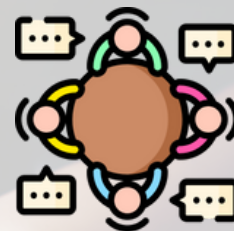
**26-30 August 2021**  
**Szentendre, Hungary**

- supported by
- Visegrad Fund
- 
-

# About the project

We believe that CEE region needs an organic development similar to the West in **democratic frameworks**. We can support this process; contribute to its development.

With this project, we aim to provide easily accessible and understandable **information about civic social movements** specifically for young people to **boost social activism** in Central Eastern Europe.



Youth work experts' meeting



Social activism  
Online Guide



Thinkaton event

<https://www.uptous-activecommunities.org/>

# Partners



**Youth Bridges Budapest**  
Coordinator, event host

<https://www.facebook.com/youthbridgesbudapest>



**EUROTEAM**  
Czech Republic

<https://www.facebook.com/euroteamCZ>



**Fundacja Autokreacja,**  
Poland

<https://www.facebook.com/FundacjaAutokreacja>



**Youthfully Yours SK,**  
Slovakia

<https://www.facebook.com/youthfully.yours.sk>

- supported by
- Visegrad Fund
- •

The project is co-financed by the Governments of Czechia, Hungary, Poland and Slovakia through Visegrad Grants from International Visegrad Fund. The mission of the fund is to advance ideas for sustainable regional cooperation in Central Europe.

# What to expect?

32 young people from Czechia, Hungary, Poland and Slovakia will spend 3 days together and pitch ideas in a competition.

Hackaton is a combination of words hack and marathon; it is an efficient and also popular way to discover new ideas in the business sector. In the third sector, regarding social challenges, the term of **Thinkaton** is equivalent.

- International **community, language learning, networking**
- Develop and pitch **new ideas** with like-minded people
- Professional **support, feedback** from jury, prizes
- Enjoy Hungarian **hospitality** in a **wonderful environment**
- Have **fun** and develop your **entrepreneurship skills** at the same time



All the costs are covered by the programme: travelling, accommodation and meals.



# Timetable

Day 0	Day 1	Day 2	Day 3	Day 4
Arrival	Breakfast	Breakfast	Breakfast	Departure
	Getting to know each other, name games	Brainstorming	Thinkaton	
	Coffee break	Coffee break	Coffee break	
	Team building - Mission Impossible	World café - group forming	Thinkaton	
	Lunch	Lunch	Lunch	
	Lifecycle of a project - Up to Us Ambassadors	Thinkaton	Project presentations	
	Coffee break	Coffee break	Coffee break	
	Fantastic opportunities & how to find them	Thinkaton	Evaluation & next steps	
	Free time		Results, award ceremony	
Dinner	Dinner	Dinner	Dinner	
Getting to know each other - Human Bingo	Intercultural evening	Thinkaton	Farewell party	

# Participants

Do not miss this opportunity, if you...

- are **between ages 18 and 30**
- are a **citizen** of Czech Republic, Hungary, Poland or Slovakia
- have an **interest in community development** on local, national and central European level
- speak **English** at least at a conversational level
- are **creative, open-minded, team player, willing to do**
- want to **meet like-minded people** in intercultural environment
- want to develop your **entrepreneurial skills**
- want to plan and implement **your own projects**
- are ready for an **adventure** in Hungary :)

# Venue

**Szentendre** is a riverside town in Pest County, Hungary, between the capital city Budapest and Pilis-Visegrád Mountains. The town is known for its museums (most notably the Open Air Ethnographic Museum), galleries, and artists.



The venue is the new and youthful Hotel Skanzen, built in the close proximity of the Hungarian Open Air Museum.



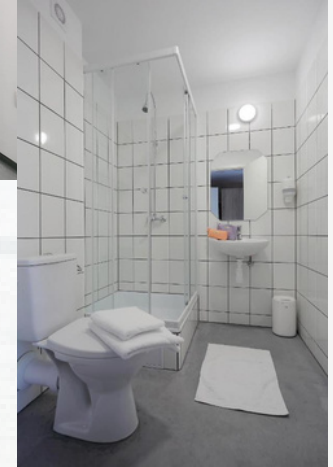
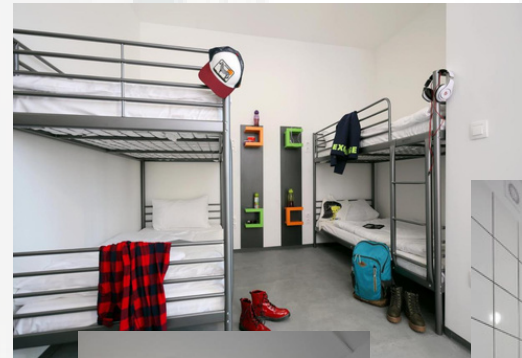
A spacious, bright training room with terrace will be provided for our activities.



# Accommodation

You will be accommodated in 4 bed rooms (bunk beds) divided by gender.

Three meals and two coffee breaks per day will be provided by the [Skanzen Restaurant](#).



## Accommodation parameters

- Bathroom with shower and toilet
- Own storage cabinet, clothes hangers
- Underfloor heating
- Extra heating and cooling facility
- Free, unlimited Wi-Fi



# Travelling

Arrival day: 26.08.2021

Departure day: 30.08.2021

First, you need to get to **Budapest** by bus, train or plane. However, we prefer **environmental-friendly** ways of travelling - to avoid flights is a huge plus for our project and our planet :)

From Budapest, it is quite easy to reach **Szentendre** with H5 local railway to the final stop, where we will pick you up.



We can reimburse travel costs only based on approved travel plans! Please consult with your sending organisation before buying tickets.

Travel cost limit per person:



100 €



180 €



10 €



60 €

**Please keep and copy every documents (invoices, receipts, tickets, boarding passes)!**

You will have to give it to us.

# COVID-19



The COVID-19 situation is moderated - Hungary can be considered safe now.



**Vaccinated:** everything is fine! You will be allowed to enter Hungary with the Digital Green Certificate.



**Without vaccine:** do not worry! You will need a negative PCR test for the Digital Green Certificate, the cost of which will be reimbursed.

**For your health and safety, regardless of the coronavirus...**

- Inform us about any **health issues** you have (allergies, food intolerance, medicine you take regularly, chronic disease, etc.) in advance.
- Please do not forget to bring your **European Health Insurance Card** or hold a valid **travel insurance**.
- If you have any **health problems** during the event, tell the organisers or your youth leader immediately.

# Preparation

## Intercultural evening

Bring...

- some snacks, drinks typical of your country
- flag, national dress
- quiz, performance, folk dance and/or song, etc. Any creative and funny idea is welcome!

## Preparatory meeting

Please participate in the preparatory meeting either online or face-to-face, organised by your sending organisation.

## Project ideas

If you have some project ideas, collect and bring them!



# Contacts

Contact the sending organisation for information on how to apply

## Hungary:

Csenge Kolozsvári

[projects@youthbridgesbudapest.org](mailto:projects@youthbridgesbudapest.org)

## Czechia:

Martin Frolík

[Froma@seznam.cz](mailto:Froma@seznam.cz)

## Slovakia:

Marcela Matisová

[project@youthfullyyours.sk](mailto:project@youthfullyyours.sk)

## Poland:

Katarzyna Luczak

[katarzyna.luczak@autokreacja.org](mailto:katarzyna.luczak@autokreacja.org)

**We look forward to meeting you in Szentendre**

